

Seventh annual

# Pediatric Behavioral and Mental Health Symposium

ADDRESSING MENTAL HEALTH  
DISPARITIES IN DIVERSE POPULATIONS

Friday, Nov. 16, 2018 • 7:30 a.m. to 4:15 p.m.

University of Louisville – Shelby Campus

Founders Union Building • 450 N. Whittington Parkway • Louisville, Kentucky



*Special thanks to*

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**Children's**  
Hospital

# Pediatric Behavioral and Mental Health Symposium

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DISPARITIES IN DIVERSE POPULATIONS

## Target audience

This activity is targeted toward pediatricians, child psychiatrists, psychologists, nurse practitioners, social workers, educators and all those working with pediatric mental health.

## Statement of educational need

This symposium will address pediatric mental health concerns that often are experienced by individuals secondary to racial bias, immigration status, developmental status, chronic medical conditions and sexual orientation. Providers will gain insight into best practices for mental health screening within diverse populations, treatment options, and existing community resources for children and adolescents with gender dysphoria, children of immigrant status with mental health concerns, and children displaying behavioral problems as a result of chronic medical conditions or developmental disabilities. Additionally, providers will learn strategies to identify at-risk individuals and engage patients and families in developing mutually acceptable plans for utilizing community resources.

## Educational objectives

1. Recognize mental health concerns common in children and adolescents with gender dysphoria.
2. List community resources for children of immigrants who are experiencing mental health concerns.
3. Discuss common behavioral problems and treatment options for behavioral problems of patients with chronic medical conditions and developmental disabilities.
4. Describe screening tools and indications for mental health conditions of pediatric patients.

## Course co-directors

### W. David Lohr, M.D.

*Associate Professor and Interim Chief*  
Division of Child and Adolescent Psychiatry and Psychology  
Department of Pediatrics  
University of Louisville School of Medicine

### P. Gail Williams, M.D.

*Professor of Pediatrics*  
Weiskopf Child Evaluation Center  
University of Louisville School of Medicine

## Special needs

Norton Healthcare is committed to making its conference accessible to all individuals. If you have a disability, please provide a description of any auxiliary aids or services (identified in the American with Disabilities Act) needed at the time of registration. Most requests for aids or services can be obliged.

## Location and parking

The Founders Union Building is located at 450 N. Whittington Parkway on the University of Louisville – Shelby Campus in northeastern Louisville, Kentucky. Free parking is available in a surface lot adjacent to the building.

## Registration fees

Physicians and other health care providers: \$60

Residents, fellows and students: \$15

## Registration and deadline

To register, call **(502) 629-1234**, option 4, or visit **NortonHealthcare.com/CME** and click on "CME Live Activities." Search for the activity by date.

Registration deadline is Nov. 8. Early registration is encouraged. Walk-in registration cannot be guaranteed, as this activity may be full and unable to accommodate you. As a courtesy to the planners, if you must cancel your registration, kindly do so before Nov. 8. Refunds will not be made after that date. Cancel by calling the Norton Healthcare Center for Continuing Education at **(502) 446-5955** or by email to **cme@nortonhealthcare.com**.

## Presentations

Presentation slides and symposium information will be available on the Norton Healthcare Continuing Medical Education mobile app. To download the free app, visit the App Store or Google Play store and search for "Norton Healthcare CME." Locate the Pediatric Behavioral and Mental Health Symposium activity within the app. On a computer, visit **Grupio.com/2018pbmh**.



## Program agenda

- 7:30 a.m. Registration, breakfast and exhibits
- 8:15 a.m. **Welcome and opening remarks**
- 8:30 a.m. **Transgender and Gender Nonconforming Youth: Current Research and Best Practices**  
*Christine E. Brady, Ph.D.*
- 9:15 a.m. **Anxiety: What You Know and What You Don't**  
*W. David Lohr, M.D.; and Christopher K. Peters, M.D.*
- 10:15 a.m. Break; exhibits open
- 10:35 a.m. **Keynote presentation: Racial Inequalities in Health Care**  
*Dayna Bowen Matthew, J.D.*
- 11:35 a.m. **Mental Health and Immigration Concerns**  
*Janeth Ceballos Osorio, M.D.*
- 12:05 p.m. **Question-and-answer session**
- 12:15 p.m. Lunch; exhibits open
- 1:15 p.m. **Concurrent sessions**
- Session 1: Complex Cases: Ethics, Diversity and Legal Issues in Transgender Care**  
*Suzanne E. Kingery, M.D.; and Christine E. Brady, Ph.D.*
- Session 2: Immigration and Mental Health: A Community and Primary Care Perspective**  
*Janeth Ceballos Osorio, M.D.; Karina Barillas, M.Ed.; and Jackie Arakaki*
- Session 3: Racial Inequalities in Mental Health Provision**  
*Dayna Bowen Matthew, J.D.*
- Session 4: Behavioral Issues in ASD: A Systemic Approach**  
*Felissa P. Goldstein, M.D.; and Grace M. Kuravackel, Ph.D.*
- 2:30 p.m. Break; exhibits open
- 2:50 p.m. **Repeat of concurrent sessions**
- 4:10 p.m. Closing remarks

## Continuing education credits

### Physicians

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (AACME) through the joint providership of Norton Healthcare and the University of Louisville Department of Pediatrics. Norton Healthcare is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

**Designation:** Norton Healthcare designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For questions related to physician credit, contact the Norton Healthcare Center for Continuing Medical Education at **(502) 446-5955** or **cme@nortonhealthcare.org**.

### Nurses

Kentucky Board of Nursing (KBN) Approved Provider: Norton Healthcare, provider number 4-0002-12-18-490. The program has been approved by Norton Healthcare for 7.2 contact hours. KBN approval of a continuing education provider does not constitute endorsement of program content.

Nursing participants must complete the evaluation to receive contact hours. For more information related to nursing credits, contact Sally Sturgeon, DNP, R.N., SANE-A, AFN-BC, at **sally.sturgeon@nortonhealthcare.org** or **(502) 446-5889**.

### Social workers

Social worker credits have been applied for.

### Psychologists

An application has been submitted to the Kentucky State Board of Psychology for psychology credit. Attendees will receive a certificate of attendance upon completion of the online evaluation to submit to the State Board of Psychology for credit.





## Keynote speaker

### **Dayna Bowen Matthew, J.D.**

*William L. Matheson and Robert M. Morgenthau Distinguished Professor of Law*

University of Virginia School of Law  
*F. Palmer Weber Research Professor of Civil Liberties and Human Rights*  
Charlottesville, Virginia

## Participating faculty

### **Jackie Arakaki**

*Community Liaison*

Un Abrazo Amigo Parent Support Group  
Division of General Pediatrics  
University of Kentucky College of Medicine  
Lexington, Kentucky

### **Karina Barillas, M.Ed.**

*Director*

La Casita Center

### **Christine E. Brady, Ph.D.**

*Assistant Professor*

Division of Child and Adolescent Psychiatry and Psychology  
*Assistant Chief*  
Pediatric Consultation-Liaison Service  
Norton Children's Hospital  
Department of Pediatrics  
University of Louisville School of Medicine

### **Felissa P. Goldstein, M.D.**

*Developmental Psychiatrist*

*Medical Director*

Lee Specialty Clinic

### **Suzanne E. Kingery, M.D.**

*Associate Professor, Division of Pediatric Endocrinology*

Department of Pediatrics  
University of Louisville School of Medicine

### **Grace M. Kuravackel, Ph.D.**

*Licensed Psychologist*

*Assistant Professor of Pediatrics*

University of Louisville School of Medicine  
UofL Autism Center

### **W. David Lohr, M.D.**

*Associate Professor and Interim Chief*

Division of Child and Adolescent Psychiatry and Psychology  
Department of Pediatrics  
University of Louisville School of Medicine

### **Janeth Ceballos Osorio, M.D.**

*Assistant Professor*

UK HealthCare Department of Pediatrics  
Division of General Pediatrics  
Lexington, Kentucky

### **Christopher K. Peters, M.D.**

*Attending Psychiatrist*

UofL Physicians – Bingham Clinic  
University of Louisville School of Medicine

## Acknowledgments

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GeneSight

John F. Ice Lectureship Fund – Bingham Clinic

Our Lady of Peace

Norton Children's Hospital

Passport Health

University of Louisville Department of Pediatrics

## Special thanks to the Planning Committee

**Karen Busse, M.S., CCMEC** (Norton Healthcare, Center for Continuing Medical Education)

**V. Faye Jones, M.D., Ph.D., MSPH** (University of Louisville School of Medicine)

**Sandra Stroud, B.A., CCMEC** (Norton Healthcare, Center for Continuing Medical Education)

**Jean Vaughn, LCSW** (Norton Healthcare, Care Management)

**Sally Sturgeon, DNP, R.N., SANE-A, AFN-BC** (Norton Healthcare Institute for Nursing)

## Faculty disclosure

Norton Healthcare adheres to the Accreditation Council for Continuing Medical Education Accreditation Requirement, including the Standards for Commercial Support, regarding industry support of continuing medical education. During the planning process, all individuals in a position to control the content of this educational activity (course directors, planners, presenters) must disclose all relevant financial relationships they have with commercial interests as well as the nature of any relationship that may be a potential conflict of interest during the planning process. These are assessed by the Norton Healthcare Center for Continuing Medical Education to ensure adequate resolution of any identified conflicts prior to the activity. Disclosure of faculty and commercial relationships, as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty, will be disclosed on-site to activity participants. Further, participants will be asked to evaluate all speakers' content for bias and balance at the activity.

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